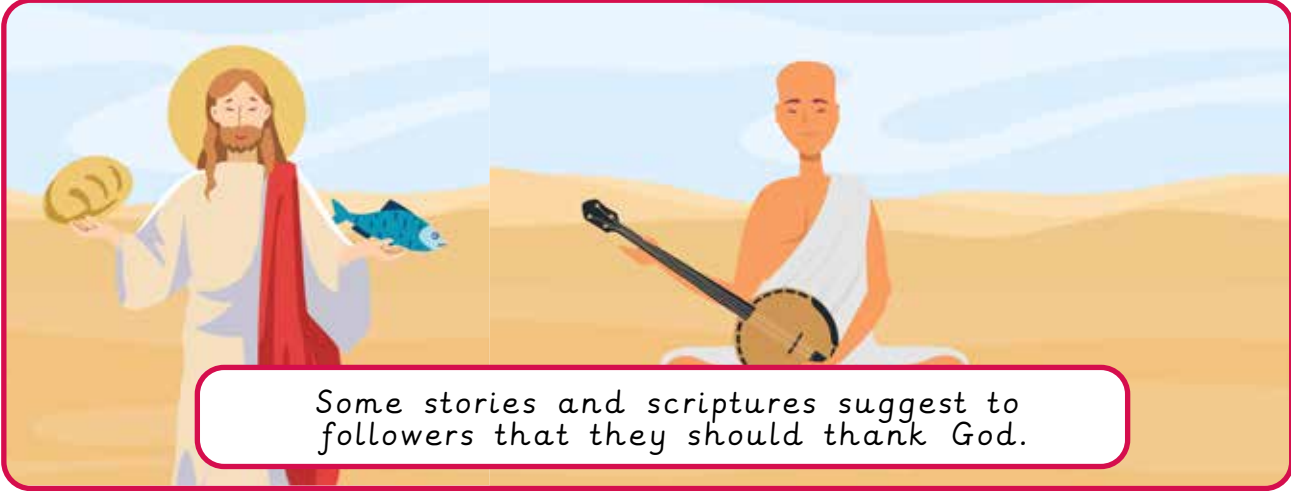


Why do we need to give thanks?

Brahman	A Hindu name for God.
gratitude	The feeling of being thankful for someone or something.
harvest	The time of year when people gather their crops.
Harvest Festival	An autumn celebration often celebrated in churches and schools in the UK.
puja	A form of Hindu worship.
praise	To show respect, love and appreciation.
provide	To give someone what they need or want.
shrine	A place where people worship.
thankful	Feeling or showing thanks for someone or something.
worship	Showing love, respect and praise to a god or gods.

Many Christian and Hindu people believe God provides for them, so they should show gratitude through worship.



Some stories and scriptures suggest to followers that they should thank God.

Harvest is celebrated by religious and non-religious people around the world as a way of expressing thanks for food. At harvest time, many people donate food to their local community to help others.



Thanks can be shown in many ways including offerings, sharing, singing, praying and words.



Some Hindus worship through puja. This involves special actions and objects to show love and respect to Brahman.

